
LUNCH MENU

SERVED 12-3

MAN O' WAR BAR & RESTAURANT

STARTERS

BBQ GLAZED CHICKEN WINGS

£8.95

served with salad leaf, topped with crispy onions & a smoky BBQ sauce

PAN FRIED CHORIZO & PRAWNS

£10

served on garlic ciabatta with rocket & a balsamic glaze (gf option available)

HALLOUMI WEDGES (GF) **£9.95**

topped with honey, pomegranate seeds & pea shoots

SALT & PEPPER SQUID CHUNKS

£9.95

served with salad leaf & tangy lemon

NACHOS

£10.25

tortilla chips topped with nacho cheese, guacamole, salsa, sour cream, red onions & cheese

ADD Pulled Pork £2.95

ADD BBQ Chicken £2.95

ONION BHAJIS (VE) (GF) **£8.95**

red and white onions coated in a curried seasoning, served with mango chutney and micro coriander sauce

JACKETS **£6.95**

CHEESE & BEANS (V)(GF)

TUNA MAYONNAISE (GF)

CHEESE & RED ONION MAYONNAISE (V)(GF)

CORONATION CHICKEN (GF)

FLATBREADS

BACON & BRIE

£8.95

with onion chutney & rocket

CHEESE & TOMATO CHUTNEY (V)

£7.95

CLUB FLATBREAD

£8.95

Chicken, bacon, spiced mayonnaise & tomato

all served with side salad & vegetable crisps

S I D E S

CHIPS	£4
CHEESY CHIPS	£4.50
GARLIC BREAD	£4
GARLIC BREAD & CHEESE	£4.50

GARLIC BREAD & BACON	£4.95
HOMEMADE ONION RINGS (GF)	£4.95
HOMEMADE COLESLAW (GF) (VE)	£4
DRESSED SIDE SALAD (GF) (VE)	£4

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PIZZAS

MEAT FEAST **£15**

tomato base topped with pulled pork, pepperoni, chorizo, mozzarella & cheddar

OOH LALA PIZZA **£15**

tomato & chutney base topped with bacon, brie, mozzarella & basil

3 CHEESE PIZZA **£15**

tomato base topped with mozzarella, cheddar, red leicester & crispy onions

SALADS

RASPBERRY & HOI SIN **£14**

CHICKEN (GF)

baby gem lettuce, red onions, mandarins, mixed peppers, hoisin sauce & raspberry vinaigrette

CAESAR SALAD (V)(GF) **£12**

cos lettuce, parmesan, boiled egg, garlic croutons & caesar dressing

ADD chicken £1.95

ADD bacon £1.50

KIDS

MAC & CHEESE **£8**

served with garlic bread

CHICKEN TENDERS **£8**

served with chips and a choice of beans, peas or salad

FISH FINGERS **£8**

served with chips and a choice of beans, peas or salad

4OZ BURGER **£8**

served with chips and a choice of beans, peas or salad

CHEESE & TOMATO **£8**

PIZZA (V)

served with chips and a choice of beans, peas or salad

DESSERTS

CHOCOLATE AND **£8.95**

RASPBERRY TRUFFLE

TART (VE)

served with chocolate ice cream & raspberry coulis

TUCK SHOP SUNDAE (VE) **£9.95**

trio of ice cream, chocolate flake, waffle, squirty cream, chocolate crumb & a wafer

SPOTTED DICK (V) **£7.95**

served with vanilla custard or ice cream

LOTUS BISCOFF **£8.95**

CHEESECAKE (V)

served with vanilla ice cream & biscoff crumb

TRIO OF ICE CREAM (VE) **£3.95**

chocolate, strawberry, vanilla

GF = Gluten Free V = Suitable for Vegetarians

VE = suitable for vegans

For any other allergy requirements please ask a member of the team